

Registrations  
are limited to  
400 only



# 14<sup>th</sup> SISA COURSE 2024

## A TWO DAY KNEE OSTEOTOMY COURSE

In Association with London Osteotomy Group



Novotel-HICC

HYDERABAD

13<sup>th</sup> & 14<sup>th</sup> April 2024



Indian Arthroscopy  
Society



Indian Cartilage  
Society



Society of Knee  
Surgeons of India



Telangana Orthopaedic  
Surgeons Association



Twin Cities  
Orthopaedic Society



Telangana  
Arthroscopy Society



[www.sisacourse.com](http://www.sisacourse.com)

## Welcome Message

Dear friends,

The **14<sup>th</sup> SISA KNEE OSTEOTOMY COURSE** will involve elite faculty practising advanced knee joint preservation. With improved techniques and implants, knee osteotomies offer an innovative joint preservation option for arthritic knees which can prevent or postpone joint replacement surgery. Normal joint alignment is a prerequisite for the successful ligament, meniscus & cartilage surgeries outcome. Hence knee osteotomy has gained importance.

Hyderabad, a city with rich culture and heritage is popular for historic monuments like Charminar, Golconda Fort, Salarjung Museum, Falaknuma & Chowmahallah Palaces and other tourist destinations like Birla Mandir, Hussain Sagar Lake, Gandipet, Ramoji Film City, Shilparamam, Nehru Zoological Park, Wonderla, the Suspension Bridge over Durgam Chevuvu (Secret Lake) a new attraction adds to it's glory. The city is a culinary delight offering most delectable Telugu, Mughlai, Nizami, and Turkish cuisines. Hyderabad has emerged as the most liveable city in India. The great connectivity of the rapidly expanding city by ORR has etched its mark as a global city & is a hub for medical tourism and IT sector. It will be gratifying to extend your stay to visit nearby popular places - Pochampally Ikkat Village, a shopper's paradise and abode of Anantha Padmanabha Swamy at Ananthagiri Hills and the recently renovated Yadadri Temple.



**Dr. N. Somasekhara Reddy**  
Organising Chairman



**Dr. K. Raghuvveer Reddy**  
Organising Secretary



# FACULTIES



**Adrian Wilson**



**Kristian Kley**



**Ronald VanHeerwaarden**



**Matthieu Ollivier**



**Dinshaw Pardiwala**



**Sachin Tapasvi**



**Breck Lord**



**Raghbir Khakha**



**Sundararajan S.**



**Clement Joseph**



**Milind Chaudhary**



**Bhushan Sabnis**



**Roshan Wade**



**Deepak Goyal**



**Mukesh Laddha**



**Sheetal Gupta**



**Vivek Pandey**



**Pranjal Kodkani**



**Somasekhara Reddy**



**Raghuv eer Reddy**

# PROGRAMME

April 13th Saturday

Course Director: Dr Adrian Wilson, Dr. Somasekhara Reddy

|                         |  |   |                      |                    |                     |
|-------------------------|--|---|----------------------|--------------------|---------------------|
| 08.00 AM - 08.30 AM     | <b>REGISTRATION</b>  |   |                      |                    |                     |
| 08-30 AM - 09.30 AM     | <b>LIVE SURGERY - 1</b><br><b>MEDIAL OPEN WEDGE HTO and</b><br><b>Revision ACL Reconstruction with Jewel ACL</b> | <b>Moderator</b> : Dr. Pranjal Kodkani, Dr. Jayaprasad PS<br><b>Surgeon</b> : Dr Bhushan Sabnis , Dr Sundarajan.S |                      |                    |                     |
| 09.30 AM - 09.45 AM     | <b>Lectures</b><br>History of Osteotomy & Recent Advances  | <b>Moderator</b> : Dr Adrian Wilson, Dr Kristian Kley   |                      |                    |                     |
| 09.45 AM - 10.00 AM     | Arthritis Progression & Alignment  | Dr Adrian Wilson  |                      |                    |                     |
| 10.00 AM - 10.15 AM     | Indications - Arthritis & Non Arthritic - the new consensus documents for the UK and ESSKA                       | Dr Matthieu Ollivier  |                      |                    |                     |
| 10.15 AM - 10.30 AM     | Opening Wedge Osteotomy & Closing Wedge Osteotomy  | Dr Ronald VanHeerwaarden  |                      |                    |                     |
|                         |  | Dr Kristian Kley  |                      |                    |                     |
| 10.30 AM - 10.40 AM     | <b>INAUGURATION</b>  |   |                      |                    |                     |
|                         | <b>Lectures</b>  | <b>Moderator</b> : Dr Adrian Wilson, Dr Kristian Kley   |                      |                    |                     |
| 10.40 AM - 10.55 AM     | Fixation Techniques  | Dr Ronald VanHeerwaarden  |                      |                    |                     |
| 10.55 AM - 11.10 AM     | Basics of Alignment- Scanogram, Axis & Angles  | Dr Raghbir Khakha   |                      |                    |                     |
| 11.10 AM - 11.25 AM     | Planning - Miniaci and Paper & Pen Technique   | Dr Kristian Kley  |                      |                    |                     |
| 11.25 AM - 11.40 AM     | The 10 Things you don't know in Knee Osteotomy that will improve your outcomes                                   | Dr Matthieu Ollivier  |                      |                    |                     |
| 11.40 AM - 11.50 AM     | My way of planning Osteotomy with Osteomaster  | Dr. Clement Joseph  |                      |                    |                     |
| 11.50 AM - 12.00 PM     | My way of planning Osteotomy with Bone Ninja   | Dr. Bhushan Sabnis  |                      |                    |                     |
| 12:00 PM - 01.00 PM     | <b>LIVE SURGERY 2</b><br><b>SLOPE CHANGING High Tibial Osteotomy</b>   | <b>Moderator</b> : Dr. Vivek Pandey, Dr. Nithin B<br><b>Surgeon</b> : Dr. Dinshaw Pardiwala, Dr.Sheetal Gupta     |                      |                    |                     |
| 01.00 PM - 02.00 PM     | <b>LUNCH</b>   |   |                      |                    |                     |
|                         | <b>Lectures</b>  | <b>Moderator</b> : Dr Adrian Wilson, Dr Breck Lord  |                      |                    |                     |
| 02.00 PM - 02.15 PM     | Step By Step MOW HTO   | Dr Adrian Wilson  |                      |                    |                     |
| 02.15 PM - 02.30 PM     | Step By Step MCW DFO   | Dr Raghbir Khakha   |                      |                    |                     |
| 02.30 PM - 02.45 PM     | Step By Step LCW / LOW DFO   | Dr Sachin Tapasvi   |                      |                    |                     |
| 02.45 PM - 03.00 PM     | Rehabilitation post osteotomy - simple and complex   | Dr Breck Lord   |                      |                    |                     |
| <b>Panel Discussion</b> | <b>Panelists</b><br>Adrian Wilson, Sachin Tapsvi, Milind Chaudhary<br>Sundarajan S, Attique Vasdev, Roshan Wade  |   |                      |                    |                     |
| 03.00 PM - 04.00 PM     |  | <b>Moderator</b> : Dr. Dinshaw Pardiwala  |                      |                    |                     |
| 04.00 PM - 04.15 PM     |  | Dr. Raghuvveer Reddy  |                      |                    |                     |
| 04.15 PM - 05.30 PM     | <b>LIVE SURGERY 3</b><br><b>Double Level Osteotomy</b><br><b>(LCW DFO &amp; MOW HTO)</b>                         | <b>Moderator</b> : Dr Sundarajan.S, Dr. Thimma Reddy<br><b>Surgeon</b> : Dr Kristian Kley, Dr Bhushan Sabnis      |                      |                    |                     |
| 05.45 PM - 07.00 PM     | <b>Osteotomy Workshops</b>   | <b>Newclip</b>  | <b>Sironix</b>       | <b>BIOTEK</b>      | <b>Synthes</b>      |
|                         | <b>Co-ordinators</b>   | Dr Sachin Tapasvi   | Dr Dinshaw Pardiwala | Dr Mukesh Laddha   | Dr Milind Chaudhary |
|                         | <b>Faculty</b>   | Dr Adrian Wilson  | Dr Bushan Sabnis     | Dr Palanivel Rajan | Dr Srinivas Reddy N |
|                         |  | Dr Kristian Kley  | Dr Roshan Wade       | Dr Anshu Shekhar   | Dr Praveen Rao I    |
|                         |  |   | Dr Sheetal Gupta     |                    | Dr PNVSV Prasad     |
|                         |  |   | Dr Attique Vasudev   |                    |                     |
| 07.30 PM -10.00 PM      | <b>Entertainment &amp; Banquet</b>   |   |                      |                    |                     |

# PROGRAMME

April 14th Sunday

|   |   |  |
|---|---|--|
| 06.00 AM - 07.00 AM JOINT PRESERVATION WALK               |   |  |
| <b>Course Director:</b> Dr. Adrian Wilson, Dr Raja Ramesh |   |  |
| 08.00 AM - 09.00 AM                                       | <b>LIVE SURGERY 4</b><br><b>Tibial Condyle Valgus Osteotomy (TCVO)</b>  | <b>Moderator :</b> Dr. Milind Chaudhary , Dr Sreenivas Reddy N<br><b>Surgeon :</b> Dr Raghuv eer Reddy, Dr Somasekhara Reddy |
| 09.00 AM - 09.15 AM                                       | <b>Lectures</b><br>TCVO: Stability & Congruity are more important than Alignment  | <b>Moderator :</b> Dr PNVSV Prasad, Dr Vedaprakash G<br>Dr. Milind Chaudhary   |
| 09.15 AM - 09.30 AM                                       | Tibial Dome Osteotomy with Fixator - My Experience  | Dr Pranjal Kodkani   |
| 09.30 AM - 10.00 AM                                       | <b>Case Examination :</b> Dr. Adrian Wilson, Dr Kristian Kley   | <b>Moderator:</b> Dr Vivek Pandey, Dr Raghuv eer Reddy   |
| 10.00 AM - 10.15 AM                                       | <b>Lectures</b><br>Double Level Osteotomy - Indications & Technique   | <b>Moderator::</b> Dr. Adrian Wilson, Dr Breck Lord<br>Dr Ronald VanHeerwaarden  |
| 10.15 AM - 10.30 AM                                       | Effects of Slope on Cruciate Ligaments  | Dr Adrian Wilson   |
| 10.30 AM - 10.45 AM                                       | Slope Changing Osteotomy - Technique, Revision and Primary  | Dr Ronald VanHeerwaarden   |
| 10.45 AM - 11.00 AM                                       | MCL Laxity & HTO Surgery  | Dr Matthieu Ollivier   |
| 11.00 AM - 11.15 AM                                       | Combining HTO & Root Repair   | Dr Matthieu Ollivier   |
| 11.15 AM - 11.30 AM                                       | Knee Osteotomy & Cartilage Surgery  | Dr. Dinshaw Pardiwala  |
| 11-30 AM - 11.45 AM                                       | Outcomes of osteotomy, comparison with UKR & TKR  | Dr Raghbir Khakha  |
| 11.45 PM - 12.00 PM                                       | Complications of Osteotomies  | Dr Breck Lord  |
| 12.00 PM - 01.00 PM                                       | <b>LIVE SURGERY 5</b><br><b>Double Level Osteotomy</b><br><b>Medial Closed Wedge - Distal Femoral Osteotomy &amp; Medial Closed Wedge - High Tibial Osteotomy</b> | <b>Moderator :</b> Dr. Roshan Wade, Dr Kaushik Reddy<br><b>Surgeon :</b> Dr Kristian Kley                                    |
| 01.00 PM - 01.45 PM                                       | <b>LUNCH</b>  |  |
| 01.45 PM - 02.00 PM                                       | <b>Lectures :</b> Patellofemoral Joint<br>Functional Anatomy & Biomechanics relevant to PF Instability & OA   | <b>Moderator:</b> Dr Adrian Wilson , Dr Deepak Goyal<br>Dr Deepak Goyal  |
| 02.00 PM - 02.15 PM                                       | Trochleoplasty  | Dr Sachin Tapasvi  |
| 02.15 PM - 02.30 PM                                       | Tuberosity Osteotomy for Patellofemoral Instability   | Dr Breck Lord  |
| 02.30 PM - 02.45 PM                                       | Coronal & Sagittal Corrective Osteotomy for Patellofemoral Instability  | Dr Bhushan Sabnis  |
| 02.45 PM - 03.00 PM                                       | Osteotomy for Patellofemoral OA   | Dr. Clement Joseph   |
| 03.00 PM - 03.20 PM                                       | <b>Lectures :</b> Complex Osteotomy<br>Rotational Osteotomies   | <b>Moderator :</b> Dr Adrian Wilson , Dr Kristian Kley<br>Dr Ronald VanHeerwaarden   |
| 03.20 PM - 03.40 PM                                       | Intrarticular Osteotomies   | Dr Matthieu Ollivier   |
| 03.40 PM - 04.00 PM                                       | Complex Knee Deformity Correction   | Dr. Milind Chaudhary   |
| 04.00 PM - 05.00 PM                                       | <b>LIVE SURGERY 6</b><br><b>MEDIAL OPEN WEDGE HTO &amp; Root Repair</b>   | <b>Moderator :</b> Dr.Vivek Pandey, Dr. Sunil Apsingi<br><b>Surgeon :</b> Dr. Sachin Tapasvi, Dr Mukesh Laddha               |
| 05.00 PM  | <b>Vote of Thanks</b>   |  |

## Osteotomy Workshops

| Newclip | Sironix | BIOTEK | Synthes |
|---------|---------|--------|---------|
|---------|---------|--------|---------|

### \*Registration Fee

| Categories              | Till 31 <sup>st</sup> Jan 2024 | Till 29 <sup>th</sup> Feb 2024 | Till 31 <sup>st</sup> March 2024 |
|-------------------------|--------------------------------|--------------------------------|----------------------------------|
| Conference Registration | INR 8,500 + GST =<br>10,030/-  | INR 9,500 + GST =<br>11,210/-  | INR 10,500 + GST =<br>12,390/-   |

### \*\*Residential Packages ( 2 Nights / 3 Days)

2 Nights at Hotel Novotel (Check -in : 2:00 PM on Friday 12th April | Check-out: 12:00 PM on Sunday 14th April)

| Categories                        | Till 31 <sup>st</sup> Jan 2024 | Till 29 <sup>th</sup> Feb 2024 | Till 31 <sup>st</sup> March 2024 |
|-----------------------------------|--------------------------------|--------------------------------|----------------------------------|
| Delegate with Twin sharing        | INR 17,000 + GST =<br>20,060/- | INR 18,000 + GST =<br>21,240/- | INR 19,000 + GST =<br>22,420/-   |
| Single Occupancy                  | INR 26,350 + GST =<br>31,093/- | INR 27,350 + GST =<br>32,273/- | INR 28,350 + GST =<br>33,453/-   |
| Delegate with Accompanying Person | INR 32,900 + GST =<br>38,822/- | INR 33,900 + GST =<br>40,002/- | INR 34,900 + GST =<br>41,182/-   |

#### Note:

\* Registration for SISA Course on 13th & 14th April, 2024 + Applicable Government Taxes + Osteotomy Workshop on Saturday + Lunches on Saturday & Sunday + Gala Banquet Dinner on Saturday + Joint Preservation Walk 'T-Shirt'

\*\* Residential Package for SISA Course on 13th & 14th April, 2024 + Applicable Government Taxes + Dinner on Friday + Osteotomy Workshop on Saturday + Lunches on Saturday & Sunday + Gala Banquet Dinner on Saturday + Joint Preservation Walk 'T-Shirt'

#### Payment Mode :

**Online :** Delegates can pay online by using debit card, credit card, UPI and net banking options. (applicable bank charges extra on registration fee for online registration)

**Offline:** Kindly send the Receipt or screenshot of Payment along with the fully filled Registration form through Email or Whatsapp Contact Number : 8121118508

## Register Now

[www.sisakourse.com](http://www.sisakourse.com)

## OR Scan this QR Code



### Conference Secretariat

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**Sai Institute of Sports Injury & Arthroscopy**

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